



## **Dermal Filler Post Treatment Instructions**

Immediately following treatment, the most commonly reported side effects were temporary redness and swelling at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond two to three days or if other reactions occur, please contact the office.

- Avoid touching the treated area within six hours following treatment. After that, the area can be gently washed with soap and water.
- Avoid exercise and alcohol for six hours post-treatment.
- Avoid exposure of the treated area to intense heat, sun lamp or sun, until the initial redness and swelling have resolved,
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, and high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence.
- Evidence shows that having a follow up treatment before the product has fully dissipated will enhance the lasting effect.

An appointment for a touch-up visit must be made within seven to ten days in order to ensure consistency of the product within the skin. At this visit the practitioner may apply pressure to the treated areas to adjust the product.

**Los Feliz MedSpa Policy:** If requested, any product remaining will be saved for your use for 2 to 3 weeks. A \$75 office visit will be charged for re-injections.

If you have any issues with the product, you must notify us within 2 weeks of injection.