

the Los Feliz MedSpa

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Chemical Peel

Post Treatment Instructions

You may feel as though your skin has a windburn or sunburn and will find that your skin is tight. Your skin may also look slightly red. Do not make excessive or widely exaggerated facial expressions. This can cause tearing of the skin and bleeding, leading to scarring. Just let your skin heal naturally and do not peel or tug on ANY skin that may peel from the face. You can cause excessive damage resulting in severe scarring if you do this. Natural peeling is the intent of the treatment.

1. To maximize the benefit of the chemical peel, it is important to cleanse your face to nourish and hydrate the skin using a gentle-formulated cleanser.
2. Do not apply any type of glycolic acid or exfoliation products or the skin will become irritated. Using these products can severely damage or irritate the skin during the entire time of healing.
3. Avoid sun exposure, including tanning beds. Sunlight on the skin after a peel can cause brown discoloration of the new skin. Use a high SPF to help block the harmful UV rays.
4. Let us know immediately if you have a herpes break out. This can also result in severe and permanent scarring.

If you have any questions or concerns, please do not hesitate to contact us!