

# the Los Feliz MedSpa

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## **Botox/Dysport**

### **Post Treatment Instructions**

1. As you leave the office, you might notice some slight swelling. It should cease within a few hours.
2. For the next 4 hours, you need to keep your head and neck completely upright. Do not bend over, lie down flat, or place your head against a pillow. Allow at least 4 hours to pass before touching, pressing, or manipulating the treated areas.
3. You may notice some slight bruising for a couple of days. This is common and it will gradually disappear. You may cover the area with makeup if you like.
4. You may go home or return to work and resume your daily activities. Moderate exercise can be done after your treatment.
5. Please be patient, results are not immediately apparent. You may notice some changes in 3-5 days and complete effects are not realized for up to 2 weeks.
6. When you return we will evaluate the progress of today's treatment. Some people may need an additional touch-up treatment to be sure that all of the treated muscles have an even distribution.
7. If you have any concerns about your treatment or if you are experiencing difficulties with recovery, please contact us!